



Gilwood Lodge Nursing Home

A welcoming, quality nursing home in Blackpool providing high standards of individualised care

Gilwood Lodge Nursing Home, Clifton Drive, Blackpool, FY4 1NX
www.qualiacare.co.uk | **Tel:** 01253 344 438 | **Email:** gilwoodlodge@qualiacare.co.uk





Welcome to Gilwood Lodge Nursing Home

The Care We Provide

At Gilwood Lodge we provide quality nursing care and individualised care packages for people living with a dementia or a related condition, and to those with palliative and end-of-life care needs.

Our care is provided by qualified and dedicated nursing teams. Each resident receives a care plan which reflects their individual strengths and interests as well as their physical and emotional abilities.

We're committed to providing the level of care we'd expect for ourselves and our loved ones. Our nurses deliver kind and dignified care that is tailored to the needs of each resident.

Care Funding

We welcome both publically-funded (local authority) and privately-funded individuals, or people who combine private and local authority funds.

The first step towards funding care is a means test. A means test is an assessment carried out by your local authority to discuss what care requirements a loved one needs and, based on their personal circumstances, what financial contributions the local authority can make (if any) towards the cost of this care.

If you'd like more information on care funding then please feel free to contact us and we'll talk you through the process.

Location

Gilwood Lodge enjoys a prime location in the popular seaside of resort of Blackpool on Lancashire's Fylde Coast. Situated in the popular South Shore area just behind the seafront, Gilwood is a short stroll away from Blackpool's world-famous promenade, golden sands and bracing sea views.

The many attractions of Blackpool Pleasure Beach, the Sandcastle Waterpark and the South Pier are less than a mile away, so families have plenty to keep them entertained during visits to see their loved ones. The iconic Blackpool Tower and attractions in central Blackpool are just over two miles away along the Golden Mile.

Gilwood has excellent transport links and is close to both bus stops and tram stops. It is well-connected by road, with the M55 motorway linking Blackpool to the M6. Blackpool is close to the cities of Liverpool (28 miles to the south) and Manchester (40 miles to the south east).

Blackpool's three train stations are well-served by the rail network, with Northern and Virgin Trains running services. The town's famous trams run along the length of the promenade.

Bedrooms and Communal Areas

Bedrooms

Our 47 comfortable bedrooms (43 with en suite bathrooms) have benefitted from a considerable upgrade following our £1.4million refurbishment. Dementia interior specialists, Just Imagine, provided expert guidance for the restyle and the new calming colour scheme.

This has transformed our rooms into pleasant tranquil spaces – designed to minimise confusion and promote calm – while at the same time offering modern amenities like Smart TVs.

New luxurious pamper bathrooms are fitted with special cossetting baths that not only enable easy access, but can also envelop bathers in music and stimulating coloured lighting.

Communal Areas

Spending time with loved ones and fellow residents is important to the health and well-being of our residents. Our communal dining and lounge areas provide relaxed, comfortable spaces where residents can gather together with family, friends and new friends they have made at Gilwood.

Our work with dementia interior specialists, Just Imagine, during our major renovation has created welcoming communal areas offering the latest in comfort, technological and sensory features. The fresh, contemporary décor is complemented by quality furnishings and striking artwork.

A key addition to Gilwood has been our new restful dementia memory garden, designed by sensory garden

specialists, Urban Green. This tranquil, purpose-built space is designed to stimulate the senses and provide an aid to physical and mental well-being. It's the ideal place for residents to enjoy the fresh sea air that Blackpool is famous for.

Dining

We understand that meals are a very important part of our residents' day. Our menus provide a variety of tasty choices for each mealtime, while a choice of snacks, fresh fruit and refreshments are available 24 hours a day.


Our chefs take pride in knowing the tastes of our residents and prepare a choice of fresh home-cooked meals that are both delicious and nutritious. We also cater to any dietary and cultural needs.

Variety is the spice of life, so our chefs organise themed food days such as Italian to give residents the chance to enjoy tastes from across the globe.

We're also introducing a new 'picture menu', making it easier for residents to choose which delicious meal they would like.

Family and friends are welcome to join residents for meals, which are served in one of the dining rooms or, if residents wish, they can choose to eat in the privacy of their own rooms (at least 24 hours' notice is required to inform our chef).





“Quality of life
is at the heart
of everything we
do at Gilwood
Lodge Nursing
Home.”

Activities and Services

Blackpool is renowned as a destination for fun and relaxation – something we try and capture with our varied and stimulating range of activities.

Our Lifestyle & Wellbeing Officer coordinates an ever-changing programme of activities, and holds regular meeting with residents and their families to plan a diverse and enjoyable range of events, with residents encouraged to participate (if they so wish).

We offer a range of services to enhance the health and well-being of everyone who comes to Gilwood. Residents can access complementary health services such as chiropody, and treat themselves to a spot of pampering or a new hairdo in the smart unisex hair salon.

What We Offer

- Hairdressing*
- Chiropody*
- Health & beauty
- Outings
- Sensory garden
- Children's play area
- Lifestyle & Wellbeing Officer
- Bespoke activities packages
- Smart TV
- Wi-Fi
- Skype calls
- Spiritual support
- Community involvement

*Charges apply for hairdressing and chiropody services

Moving In

Moving home can be a stressful time for anyone, particularly for someone living with a dementia or related condition.

At Gilwood Lodge we understand this. Our friendly team has the skills and experience to make your loved one's move to Gilwood Lodge as smooth as possible. You can be reassured that many of our residents have said they feel even more comfortable, safe and content with us than in their previous homes.

It's important to us that new residents and their families feel in control, so your input is welcomed at every stage of the transition process. We'll move at your pace and will encourage new residents to meet with staff and existing residents when they feel ready.

It's the little things that often make a difference, so residents are invited to bring personal furnishings from home that give a sense of warmth, comfort and familiarity.

5 Helpful Tips:

1 Familiar items

Items of sentiment and personal significance such as photographs can help to establish a sense of familiarity in a new home.

2 Items of comfort

Soft, warm items such as bed throws, robes and slippers can add a sense of comfort and homeliness.

3 Familiar smells

Sense of smell is our most powerful memory trigger. Favourite scents like lavender on a pillow can help with relaxation, particularly on the first night.

4 Favourite meal

A favourite family meal can be a comforting and rewarding way to end a busy moving-in day, so please let our staff know of any dietary requirements.

5 Share your concerns

This may be the first time you or your loved one has moved into a care home, but our staff have experienced this many times in their working careers and are experts at helping you navigate any concerns you may have. Please call on them at any point.

About Qualia Care

Our Vision

All of our care homes have a shared vision; to become a 'best-in-area' care home that provides high-quality, affordable care in the local community. We work towards achieving this by continually improving the standards of care across all our homes. We do this because we care deeply about the experience of each person, and because we want to make a positive and tangible difference to people's lives.

Our Care

We provide a wide range of quality care and accommodation to people with varying care needs, including personal (residential care), nursing and palliative care. Our aim is to ensure every resident receives kind and dignified personal care, treatment and support – promoting their health and well-being.*

Our People

Our respected leadership team, registered managers, qualified nurses and care staff are all passionate about helping people, and are proud to be a part of making a positive difference to people's lives. Our people share a culture of inclusion that is warm and inviting. We're proud to be entrusted with – and given the honour of – caring for others, and we go the extra mile every day to be of service.

*For a full list of the care provided in our care homes please refer to the Qualia Care website: www.qualiacare.co.uk



Quality Assurance

Our home is registered and inspected by the Care Quality Commission (CQC).

Care Quality Commission
Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA
Tel: 0300 061 6161

www.cqc.org.uk

FAQs

What activities do we offer?

Our residents have a range of suitable activities from which to choose. We encourage participation and suggest activities people may like. However, we do understand that sometimes residents may prefer their own company.

Residents may prefer to continue with their own particular hobbies and interests, and we will assist with these in any way we can.

What additional healthcare support is available?

Additional support is provided by a number of healthcare professionals such as GPs, physiotherapists and occupational therapists to ensure residents receive the most comprehensive care. There is no charge for these visits if arranged via the GP practice.

Is there a chiropodist/podiatrist?

A free service may be accessible via the local GP surgery or, if you prefer, a private service can be facilitated for you via our visiting chiropodist (charge applicable).

Is there a dentist?

A community dentist is free of charge, or residents may prefer to keep their own private dentist. Visits can be scheduled and residents are seen in the privacy of their own room.

Are there hairdressing facilities?

A trained hairdresser visits on a regular basis and caters for both male and female customers. Alternatively, residents can continue to use their hairdresser of their choice.

The hairdresser is not employed by the home and charges for the services provided. Prices are on display in the hairdressing salon.

What are the fees?

Fees, unless otherwise agreed, include accommodation, full board, in-house laundering of personal items of clothing and the provision of care.

Both residents and relatives need to be aware of the cost associated with living in the care home and how the fees are to be paid.

Fee levels may change in the future. We will advise in writing of any such changes to the financial details.

What are the meals like?

A range of dishes will be planned to suit each resident's dietary requirements. The daily menu will be displayed to show the choices available. Snacks and drinks are available to enjoy at any time during the day or night.

Relatives and friends can join residents at any time for a meal; just let a member of staff know in advance so arrangements can be made.

Is smoking allowed?

We promote a non-smoking, healthy environment in the home. Therefore, we do not permit smoking in any of our bedrooms or communal lounges.

We are aware that some residents have enjoyed smoking and it's their choice to continue to do so. As such we have a designated smoking area where they may smoke if they wish.

Are there telephones available to use?

Telephones are available for residents to use, which staff will be available to assist with.

It may also be possible for residents to arrange with their phone provider to have their own personal telephone in their room, which residents will have to pay for.

When are the visiting hours?

We have no set visiting times. However, should visitors arrive during meal times or when residents are being attended to, visitors will be made welcome and asked to wait until they are ready.

Residents may also wish to visit family and friends and we'll help with this. It's important that residents inform a staff member beforehand if they plan to leave the care home for any reason.

Contact Us:

If you have any more questions please don't hesitate to get in touch.

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