



Downshaw Lodge Care Home

Providing high standards of kind and considerate care for males with a dementia or related condition with challenging behaviour

Downshaw Lodge Care Home, Downshaw Road, Ashton-Under-Lyne, OL7 9QL
www.qualiacare.co.uk | **Tel:** 0161 330 7059 | **Email:** downshawlodge@qualiacare.co.uk





Welcome to Downshaw Lodge Care Home

The Care We Provide

At Downshaw Lodge Care Home we provide high-quality individualised nursing and dementia care for men in Greater Manchester, who also present challenging behaviour in their means of communication.

This commitment to quality care is reflected in our 2017 'green' Good rating from the Care Quality Commission (CQC), the independent regulator of health and social care in England.

Care Funding

We welcome both publically-funded (local authority) and privately-funded individuals, or people who combine private and local authority funds.

The first step towards funding care is a means test. A means test is an assessment carried out by your local authority to discuss what care requirements a loved one needs and, based on their personal circumstances, what financial contributions the local authority can make (if any) towards the cost of this care.

If you'd like more information on care funding then please feel free to contact us and we'll talk you through the process.

Location

Our welcoming 45-bed home is located in a residential area close to the bustling market town of Ashton-under-Lyne in the metropolitan borough of Tameside in Greater Manchester. The town is home to Ashton Market, one of the UK's largest and most popular markets.

Historically part of the 'Red Rose' county of Lancashire, Ashton-under-Lyne is located by the River Tame in the foothills of the Pennines, close to the picturesque Peak District National Park, yet is just 6 miles east of Manchester city centre and 5 miles to the south of Oldham.

Ashton is well served by road, with the M60 Manchester orbital motorway passing through its west end. The town's railway station is served by the Northern rail franchise, with trains on the Huddersfield Line linking Ashton to Manchester and the towns and cities of neighbouring West Yorkshire.

The Manchester Metrolink tram system and regular bus services link Ashton to Manchester city centre. Manchester Airport is 14 miles to the south-west.

Bedrooms and Communal Areas

Bedrooms

Rooms at Downshaw Lodge provide safe, comfortable and welcoming personal spaces for our residents.

Our bedrooms are undergoing a continuous programme of refurbishment, which is enhancing facilities for residents.

Renovated bedrooms at Downshaw Lodge have been refreshed with a contemporary new paint scheme, soft furnishings and non-slip Karndean 'wooden plank' flooring, creating a pleasant and safe environment.

Communal Areas

Residents at Downshaw Lodge benefit from attractive and well-appointed communal areas and facilities, many of which have been tastefully refurbished.

The lounge area is the social hub of the home, and has been enhanced with attractive new flooring. A new sharp-looking barber's shop with retro touches provides residents with a place to go for their short, back and sides. The dementia garden offers a secure, peaceful outdoor space for residents, family and friends.

A new 'pamper' bathroom has been installed to provide residents with a calming bathing experience. This centrepiece is a hi-tech and easy-access pamper bath, complete with sensory lighting, massage jets and a music function.

Secure keypad locks are also being fitted throughout the home – where appropriate – to ensure the safety and security of residents.

Dining

We know how important food is to our residents, so we put a great emphasis on providing a varied range of delicious and nutritious home-cooked meals throughout the day.

Our aim is to serve meals that satisfy. So when it comes to creating menus, we welcome input from both residents and their families. If a resident has a favourite meal then we'll do our best to serve it.



A close-up photograph showing a person's hands planting a young tree sapling. The person is using a trowel with a green handle and a blue grip to work the soil around the base of the sapling. The sapling has a thin, light brown trunk and several bright green, fan-shaped leaves. The soil is dark brown and appears moist. The background is a soft, out-of-focus green, suggesting an outdoor setting with other foliage.

“Quality of life
is at the heart
of everything we
do at Downshaw
Lodge Care
Home”

Activities and Services

At Downshaw Lodge we believe that keeping active enhances our residents' physical and mental well-being. Our Lifestyle and Well-being Officer organises a range of activities and social events which residents are encouraged to participate in, if they so wish.

The Great Manchester area's strong sporting heritage is reflected in the fascinating collection of footballing and other memorabilia that adorns the walls at Downshaw. Residents are also encouraged to discuss and reminisce about their favourite sporting memories.

Music also plays an important role at Downshaw, with guest singers regularly making an appearance to entertain residents and lead an enjoyable sing-along.

What We Offer

- Hairdressing*
- Chiropody*
- Outings
- Lifestyle & Well-being Officer
- Bespoke Activities Packages
- Smart TV
- Wi-Fi
- Skype Calls
- Spiritual Support
- Community Involvement

*Charges apply for hairdressing and chiropody services

Moving In

Moving home can be a stressful time for anyone, particularly for someone living with a dementia or related condition.

At Downshaw Lodge we understand this. Our friendly team has the skills and experience to make your loved one's move to Downshaw Lodge as smooth as possible. You can be reassured that many of our residents have said they feel even more comfortable, safe and content with us than in their previous homes.

It's important to us that new residents and their families feel in control, so your input is welcomed at every stage of the transition process. We'll move at your pace and will encourage new residents to meet with staff and existing residents when they feel ready.

It's the little things that often make a difference, so residents are invited to bring personal furnishings from home that give a sense of warmth, comfort and familiarity.

5 Helpful Tips:

1 Familiar items

Items of sentiment and personal significance such as photographs can help to establish a sense of familiarity in a new home.

2 Items of comfort

Soft, warm items such as bed throws, robes and slippers can add a sense of comfort and homeliness.

3 Familiar smells

Sense of smell is our most powerful memory trigger. Favourite scents like lavender on a pillow can help with relaxation, particularly on the first night.

4 Favourite meal

A favourite family meal can be a comforting and rewarding way to end a busy moving-in day, so please let our staff know of any dietary requirements.

5 Share your concerns

This may be the first time you or your loved one has moved into a care home, but our staff have experienced this many times in their working careers and are experts at helping you navigate any concerns you may have. Please call on them at any point.

About Qualia Care

Our Vision

All of our care homes have a shared vision; to become a 'best-in-area' care home that provides high-quality, affordable care in the local community. We work towards achieving this by continually improving the standards of care across all our homes. We do this because we care deeply about the experience of each person, and because we want to make a positive and tangible difference to people's lives.

Our Care

We provide a wide range of quality care and accommodation to people with varying care needs, including personal (residential care), nursing and palliative care. Our aim is to ensure every resident receives kind and dignified personal care, treatment and support – promoting their health and well-being.*

Our People

Our respected leadership team, registered managers, qualified nurses and care staff are all passionate about helping people, and are proud to be a part of making a positive difference to people's lives. Our people share a culture of inclusion that is warm and inviting. We're proud to be entrusted with – and given the honour of – caring for others, and we go the extra mile every day to be of service.

*For a full list of the care provided in our care homes please refer to the Qualia Care website: www.qualiacare.co.uk



Quality Assurance

Our home is registered and inspected by the Care Quality Commission (CQC).

Care Quality Commission
Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA

Tel: 0300 061 6161

www.cqc.org.uk

FAQs

What activities do we offer?

Our residents have a range of suitable activities from which to choose. We encourage participation and suggest activities people may like. However, we do understand that sometimes residents may prefer their own company.

Residents may prefer to continue with their own particular hobbies and interests, and we will assist with these in any way we can.

What additional healthcare support is available?

Additional support is provided by a number of healthcare professionals such as GPs, physiotherapists and occupational therapists to ensure residents receive the most comprehensive care. There is no charge for these visits if arranged via the GP practice.

Is there a chiropodist/podiatrist?

A free service may be accessible via the local GP surgery or, if you prefer, a private service can be facilitated for you via our visiting chiropodist (charge applicable).

Is there a dentist?

A community dentist is free of charge, or residents may prefer to keep their own private dentist. Visits can be scheduled and residents are seen in the privacy of their own room.

Are there hairdressing facilities?

A trained hairdresser visits on a regular basis and caters for both male and female customers. Alternatively, residents can continue to use their hairdresser of their choice.

The hairdresser is not employed by the home and charges for the services provided. Prices are on display in the hairdressing salon.

What are the fees?

Fees, unless otherwise agreed, include accommodation, full board, in-house laundering of personal items of clothing and the provision of care.

Both residents and relatives need to be aware of the cost associated with living in the care home and how the fees are to be paid.

Fee levels may change in the future. We will advise in writing of any such changes to the financial details.

What are the meals like?

A range of dishes will be planned to suit each resident's dietary requirements. The daily menu will be displayed to show the choices available. Snacks and drinks are available to enjoy at any time during the day or night.

Relatives and friends can join residents at any time for a meal; just let a member of staff know in advance so arrangements can be made.

Is smoking allowed?

We promote a non-smoking, healthy environment in the home. Therefore, we do not permit smoking in any of our bedrooms or communal lounges.

We are aware that some residents have enjoyed smoking and it's their choice to continue to do so. As such we have a designated smoking area where they may smoke if they wish.

Are there telephones available to use?

Telephones are available for residents to use, which staff will be available to assist with.

It may also be possible for residents to arrange with their phone provider to have their own personal telephone in their room, which residents will have to pay for.

When are the visiting hours?

We have no set visiting times. However, should visitors arrive during meal times or when residents are being attended to, visitors will be made welcome and asked to wait until they are ready.

Residents may also wish to visit family and friends and we'll help with this. It's important that residents inform a staff member beforehand if they plan to leave the care home for any reason.

Contact Us:

If you have any more questions please don't hesitate to get in touch.

Address:

Downshaw Lodge Care Home
Downshaw Road
Ashton-Under-Lyne
OL7 9QL

Tel: 0161 330 7059

Email: downshawlodge@qualiacare.co.uk

www.qualiacare.co.uk



Downshaw Lodge Care Home
Downshaw Road
Ashton-Under-Lyne
OL7 9QL

Tel: 0161 330 7059

Email: downshawlodge@qualiacare.co.uk

Information correct at time of publication, E&OE. We reserve the right to change information without notice.
©Copyright 2017. All rights reserved. DLBR01-OP